

### **Appendix 19: Existing Mandates in California Law**

This document has been prepared by the California Health Benefits Review Program (CHBRP). CHBRP responds to requests from the California Legislature to provide independent analyses of the medical, financial, and public health impacts of proposed health insurance benefit mandates and repeals. Updates to this list of health insurance benefit mandates current in California, as well as additional information about CHBRP, can be found at www.chbrp.org.

**Purpose of this list:** This list is intended to alert interested parties of existing state legislation that may relate to the subject or purpose of a health insurance benefit mandate or repeal bill.

Benefit mandates listed: CHBRP defines health insurance benefit mandates as per its authorizing statute.<sup>2</sup> Therefore, the listed mandates fall into one or more of the following categories: (a) offer or provide coverage for the screening, diagnosis, or treatment of specific diseases or conditions; (b) offer or provide coverage for types of health care treatments or services, including coverage of medical equipment, supplies, or drugs used in a treatment or service; and/or (c) offer or provide coverage permitting treatment or services from a specific type of health care provider. Listed mandates also include those that (d) specify terms (limits, timeframes, copayments, deductibles, coinsurance, etc.) for any of the other categories. Table 19-1 includes California's state-level health insurance benefit mandate laws, and Table 19-2 includes federal health insurance benefit mandate laws.

**Information included for listed mandates:** Table 19-1 identifies relevant California statutes. The table specifies when the law mandates an offer of coverage for the benefit. The table also identifies which health insurance markets (group and/or individual) are subject to the mandate. Explanations of these terms are provided in Appendix 19-A. Table 19-2 identifies relevant federal statutes, both those in existence prior to passage of the Patient Protection and Affordable Care Act (ACA), as well as federal mandates in the

<sup>&</sup>lt;sup>1</sup> Available at: <a href="http://www.chbrp.org/other\_publications/index.php.">http://www.chbrp.org/other\_publications/index.php.</a>
<sup>2</sup> Available at: <a href="http://www.chbrp.org/documents/authorizing\_statute.pdf">www.chbrp.org/documents/authorizing\_statute.pdf</a>
<sup>3</sup> Available at: <a href="http://www.chbrp.org/documents/authorizing\_statute.pdf">http://www.chbrp.org/documents/authorizing\_statute.pdf</a>
<sup>4</sup> Available at: <a href="http://www.chbrp.org/documents/authorizing\_statute.pdf">http://www.chbrp.org/documents/authorizing\_statute.pdf</a>
<sup>5</sup> Available at: <a href="http://www.chbrp.org/documents/authorizing\_statute.pdf">http://www.chbrp.org/documents/authorizing\_statute.pdf</a>
<sup>6</sup> Available at: <a href="http://www.chbrp.org/documents/authorizing\_sta

ACA. Like Table 19-1, Table 19-2 identifies the health insurance markets subject to the mandate. Because none of the federal mandates are mandates to *offer* coverage, this information is not included in Table 19-2.

#### Other important information:

- Not all health insurance is subject to state-level health insurance benefit mandate laws. CHBRP annually posts estimates<sup>3</sup> of Californians' sources of health insurance, including figures for the numbers of Californians with health insurance subject to state-level benefit mandates.
- California has a bifurcated legal and regulatory system for health insurance products. The Department of Managed Health Care (DMHC) regulates health care service plan contracts, which are subject to the Health and Safety Code. The California Department of Insurance (CDI) regulates health insurance policies, which are subject to the California Insurance Code. DMHC-regulated plan contracts and CDI-regulated policies may be subject to state-level benefit mandate laws, depending upon the exact wording of the law.
- DMHC-regulated plans and CDI-regulated policies may also be subject to federal benefit mandate laws. Federal benefit mandates may interact or overlap with state-level benefit mandates. Some known interactions are noted in the footnotes for Table 19-1.
- Federal benefit mandates can apply more broadly than state-level benefit mandates. For example, federal benefit mandates may apply to Medicare or to self-insured plans. Table 19-2 only lists federal benefit mandate laws that would be relevant to DMHC-regulated plans and CDI-regulated policies.
- DMHC-regulated health plans are subject to "minimum benefit" laws and regulations (also known as "Basic Health Care Services") that may interact or overlap with state-level benefit mandate laws. The Basic Health Care Services requirement for DMHC-regulated health plans is noted in Table 19-1 and further explained in Appendix 19-B.
- Although CHBRP assesses the impacts of bills, not existing laws, CHBRP's analysis of Assembly Bill 1214 (2007)<sup>4</sup> required a review of mandate laws current at that time. That report and all other CHBRP analyses may be found at <a href="https://www.chbrp.org/completed\_analyses/index.php">www.chbrp.org/completed\_analyses/index.php</a>.

\_\_\_

<sup>&</sup>lt;sup>3</sup> Available at: www.chbrp.org/other publications/index.php.

<sup>&</sup>lt;sup>4</sup> Available at: www.chbrp.org/completed analyses/index.php.

**Table 19-1.** California Health Insurance Benefit Mandates<sup>5</sup> (by Topic)

		Health and Safety Code	California Insurance Code	Mandate to	Markets (Regulated by DMHC or CDI) Subject	Mandate
#	Торіс	(DMHC)	(CDI)	"Offer"?6	to the Mandate	Category
DMI	HC-Regulated Health Care Service Plan "Minimur	n Benefits"				
0	Health plans regulated by the DMHC are required	Multiple	$N/A^7$		Group and individual	Not a
	to cover medically necessary basic health care	sections—see				distinct
	services, including: (1) physician services; (2)	Appendix 19-B				mandate
	hospital inpatient services and ambulatory care					
	services; (3) diagnostic laboratory and diagnostic					
	and therapeutic radiologic services; (4) home					
	health services; (5) preventive health services; (6)					
	emergency health care services, including					
	ambulance and ambulance transport services, out-					
	of-area coverage, and ambulance transport					
	services provided through the 911 emergency					
	response system; (7) hospice care. See Appendix					
	19-B for further details.					
Esse	ntial Health Benefits					
1	In 2014, a federal mandate will require some plans	1367.005	10112.27		Small group <sup>9</sup> and	a, b, d
	and policies to cover essential health benefits				individual <sup>10</sup>	
	(EHBs) and will place limits on cost sharing.					
	These statutes define EHBs for California. <sup>8</sup>				In 2017, large group sold	
					via the Exchange <sup>11</sup>	

<sup>&</sup>lt;sup>5</sup> CHBRP defines health insurance benefit mandates as per its authorizing statute, available at: <a href="www.chbrp.org/other\_publications/index.php">www.chbrp.org/other\_publications/index.php</a>. This list includes laws that meet that definition and are known to CHBRP.

<sup>&</sup>lt;sup>6</sup> "Mandate to offer" indicates that all health care service plans and health insurers selling health insurance subject to the benefit mandate are required to *offer* coverage for the benefit. The health plan or insurer may comply: (1) by including coverage for the benefit as standard in its health insurance products; or (2) by offering coverage for the benefit separately and at an additional cost (e.g., a rider). See Appendix 19-A.

<sup>&</sup>lt;sup>7</sup> N/A indicates that the benefit mandate does not apply to products governed under that code.

<sup>&</sup>lt;sup>8</sup> Affordable Care Act (ACA), Section 1301, 1302, and Section 1201 modifying Section 2707 of the Public Health Service Act (PHSA). See Table 19-2 below.

<sup>&</sup>lt;sup>9</sup> The ACA defines a large group as >100 employees. California state law defines a large group as >50. However, the ACA [Section 1304(b)(3)] allows states to treat groups between 50 and 100 as large for plan years beginning before 2016.

<sup>&</sup>lt;sup>10</sup> The EHB coverage requirement will apply to non-grandfathered plans and policies sold outside of the exchange as well as to qualified health plans (QHPs, see ACA Section 1301) certified by and sold via an Exchange.

		Health and	California	M. L.	Markets (Regulated by	N/ 14
#	Topic	Safety Code (DMHC)	Insurance Code (CDI)	Mandate to "Offer"?6	DMHC or CDI) Subject to the Mandate	Mandate Category
	cer Benefit Mandates	- /	(- )			,g.
2	Breast cancer screening, diagnosis, and treatment	1367.6	10123.8		Not specified <sup>12</sup>	a
3	Cancer screening tests	1367.665	10123.20		Group and individual	b
4	Cervical cancer screening	1367.66	10123.18		Group and individual	a
5	Mammography	1367.65	10123.81		Not specified	a, c
6	Mastectomy and lymph node dissection (length of stay, complications, prostheses, reconstructive surgery)	1367.635	10123.86		Not specified	b, d
7	Patient care related to clinical trials for cancer	1370.6	10145.4		Not specified	d
8	Prostate cancer screening	1367.64	10123.835		Group and individual	a
Chr	onic Conditions Benefit Mandates		_			_
9	Diabetes education, management, and treatment	1367.51	10176.61		Not specified	a, b, d
10	Diabetes education	N/A	10176.6	Offer	Not specified (CDI)	a
11	HIV/AIDS, AIDS vaccine	1367.45	10145.2		Group and individual (DMHC), not specified (CDI)	a
12	HIV/AIDS, HIV testing	1367.46	10123.91		Group and individual	a
13	HIV/AIDS, transplantation services for persons with HIV	1374.17	10123.21(a)		Not specified	d
14	Osteoporosis	1367.67	10123.185		Not specified	a
15	Phenylketonuria	1374.56	10123.89		Not specified	a
Hos	pice & Home Health Care Benefit Mandates					
16	Home health care	1374.10 (non- HMOs only <sup>13</sup> )	10123.10	Offer	Group	b, d
17	Hospice care	1368.2	N/A		Group (DMHC)	b
18	Dementing illness exclusion prohibition	1373.14	10123.16		Group and individual	a, d
Men	tal Health Benefit Mandates					
19	Alcohol and drug exclusion prohibition	N/A	10369.12		Group (CDI)	d
20	Alcoholism treatment	1367.2(a)	10123.6	Offer	Group	a

<sup>11</sup> Effective 2017, states may allow large-group market qualified health plans (QHPs, see ACA Section 1301) to be certified by and sold via an Exchange [ACA Section 1312(f)(2)(B)]. Large-group QHPs would be subject the EHB coverage requirement.

12 Not Specified indicates that the benefit mandate does not specify which market or markets are subject.

13 DMHC regulates some non-HMOs (health maintenance organizations) insurance products, including some PPOs (preferred provider organizations). Only non-

HMOs are subject to this benefit mandate.

		Health and Safety Code	California Insurance Code	Mandate to	Markets (Regulated by DMHC or CDI) Subject	Mandate
#	Topic	(DMHC)	(CDI)	"Offer"?6	to the Mandate	Category
21	Coverage and premiums for persons with physical or mental impairment	1367.8	10144		Group and individual	a, d
22	Coverage for persons with physical handicap	N/A	10122.1	Offer	Group (CDI)	a, d
23	Coverage for mental and nervous disorders, including care provided by a psychiatric health facility	N/A	10125	Offer	Group (CDI)	a
24	Care provided by a psychiatric health facility	1373(h)(1)	N/A		Not specified (DMHC)	b, d
25	Nicotine or chemical dependency treatment in licensed alcoholism or chemical dependency facilities	1367.2(b)	10123.6	Offer	Group	b, d
26	Coverage for severe mental illnesses (in parity with coverage for other medical conditions) <sup>14</sup>	1374.72	10144.5 10123.15		Not specified	a, b, d
27	Prohibition on Determining Reimbursement Eligibility from Inpatient Admission Status	1374.51	10144.6		Not specified	d
28	Prohibition of Lifetime Waiver for Mental Health Services	1374.5	10176(f)		Individual	a, d
29	Behavioral health treatment for autism and related disorders	1374.73	10144.51 10144.52		Not specified	b
Orth	otics & Prosthetics Benefit Mandates					
30	Orthotic and prosthetic devices and services	1367.18	10123.7	Offer	Group	b
31	Prosthetic devices for laryngectomy	1367.61	10123.82		Not specified	b
32	Special footwear for persons suffering from foot disfigurement	1367.19	10123.141	Offer	Group	b
Pain	<b>Management Benefit Mandates</b>					
33	Acupuncture	1373.10 (non- HMOs only <sup>15</sup> )	10127.3	Offer	Group	c, d
34	General anesthesia for dental procedures	1367.71	10119.9		Not specified	b
35	Pain management medication for terminally ill	1367.215	N/A		Not specified (DMHC)	b
Pedi	atric Care Benefit Mandates					
36	Asthma management	1367.06	N/A		Not specified (DMHC)	a

<sup>&</sup>lt;sup>14</sup> In addition to these state-level benefit mandates, the federal Mental Health Parity and Addition Equity Act of 2008 requires that *if* a group plan or policy covers mental health, it must do so at parity with coverage for medical and surgical benefits. See Table 19-2 below.

<sup>15</sup> DMHC regulates some non-HMOs (health maintenance organizations) insurance products, including some PPOs (preferred provider organizations). Only non-HMOs are subject to this benefit mandate.

		Health and	California		Markets (Regulated by	
		Safety Code	Insurance Code	Mandate to	DMHC or CDI) Subject	Mandate
#	Topic	(DMHC)	(CDI)	"Offer"?6	to the Mandate	Category
37	Comprehensive preventive care for children aged 16 years or younger	1367.35	10123.5		Group	b
38	Comprehensive preventive care for children aged 17 or 18 years	1367.3	10123.55	Offer	Group	b
39	Coverage for the effects of diethylstilbestrol	1367.9	10119.7		Not specified	a
40	Screening children for blood lead levels	1367.3(b)(2)(d)	10119.8	Offer	Group (DMHC), group and individual (CDI)	b
Prov	rider Reimbursement Mandates					
41	Emergency 911 transportation <sup>16</sup>	1371.5	10126.6		Not specified	d
42	Medical transportation services—direct reimbursement	1367.11	10126.6		Not specified	d
43	OB-GYNs as primary care providers <sup>17</sup>	1367.69 1367.695	10123.83 10123.84		Not specified	c, d
44	Pharmacists—compensation for services within their scope of practice	1368.5	10125.1	Offer	Not specified	c, d
Rep	roduction Benefit Mandates			l .	1	
45	Contraceptive devices requiring a prescription	1367.25	10123.196		Group and individual	b
46	Participation in the statewide prenatal testing Expanded Alpha Feto Protein (AFP) program	1367.54	10123.184		Group and individual	b
47	Infertility treatments	1374.55	10119.6	Offer	Group	a, b, d
48	Maternity—minimum length of stay <sup>18</sup>	1367.62	10123.87		Not specified (DMHC), group and individual (CDI)	d
49	Maternity—amount of copayment or deductible for inpatient services	1373.4	10119.5		Not specified	d
50	Prenatal diagnosis of genetic disorders	1367.7	10123.9	Offer	Group	b
51	Maternity services	N/A	10123.865 10123.866		Group and individual (CDI)	b

The ACA (Section 1001 modifying Section 2719A of the PHSA) imposes a related requirement regarding coverage and cost-sharing for emergency services. Grandfathered health plans (ACA Section 1251) are not subject to this requirement. See Table 19-2 below.

The ACA (Section 1001 modifying Section 2719A of the PHSA) imposes a similar requirement prohibiting prior authorization for access to OB-GYNs. Grandfathered health plans (ACA Section 1251) are not subject to this requirement. See Table 19-2 below.

<sup>&</sup>lt;sup>18</sup> The federal Newborns' and Mothers' Health Protection Act of 1996 requires coverage for a minimum length of stay in a hospital after delivery *if* the plan covers maternity services. See Table 19-2 below.

#	Торіс	Health and Safety Code (DMHC)	California Insurance Code (CDI)	Mandate to "Offer"? <sup>6</sup>	Markets (Regulated by DMHC or CDI) Subject to the Mandate	Mandate Category
52	Sterilization rationale exclusion prohibition	1373	10120	Oner:	Not specified	d
	ery Benefit Mandates	1373	10120		110t specified	u
53	Jawbone or associated bone joints	1367.68	10123.21		Not specified (DMHC), group and individual (CDI)	a
54	Reconstructive surgery <sup>19</sup>	1367.63	10123.88		Not specified	b
Othe	er Benefit Mandates					
55	Authorization for nonformulary prescription drugs	1367.24	N/A		Not specified (DMHC)	d
56	Blindness or partial blindness exclusion prohibition	1367.4	10145		Group and individual	a, d
57	Prescription drugs: coverage for previously prescribed drugs	1367.22	N/A		Not specified (DMHC)	d
58	Prescription drugs: coverage of "off-label" use	1367.21	10123.195		Not specified (DMHC), group and individual (CDI)	d
59	Second opinions	N/A	10123.68		Not specified (CDI)	С
60	Preventive services without cost sharing (in compliance with federal laws and regulations) <sup>20</sup>	1367.002	10112.2		Group and individual	b, d

<sup>&</sup>lt;sup>19</sup> The federal Women's Health and Cancer Rights Act of 1998 requires coverage for postmastectomy reconstructive surgery. See Table 19-2 below. <sup>20</sup> ACA, Section 1001 modifying Section 2713 of the PHSA. See Table 19-2 below.

**Table 19-2.** Federal Health Insurance Benefit Mandates<sup>21</sup>

# Fede	Federal Law eral Mandates in Existence Prior to the Pas	Topic Addressed by Benefit Coverage Mandate <sup>22</sup> sage of the Affordable Care Act of 2010 (ACA)	Markets (Regulated by DMHC or CDI) Subject to the Mandate <sup>23</sup>	Mandate Category
1	Pregnancy Discrimination Act of 1978 amending Title VII of the federal Civil Rights Act	Requires coverage for pregnancy and requires the coverage be in parity with other benefit coverage.	Group (15 or more)	d
2	Newborns' and Mothers' Health Protection Act of 1996	If maternity is covered, requires that coverage include at least a 48-hour hospital stay following childbirth (96-hour stay in the case of a cesarean section).	Group	d
3	Women's Health and Cancer Rights Act of 1998	If mastectomy is covered, requires coverage for certain reconstructive surgery and other postmastectomy treatments and services.	Group	b
4	Mental Health Parity and Addiction Equity Act of 2008, modified by the Affordable Care Act of 2010 [ACA Section 1311(j) and Section 1563(c)(4) modifying Section 2726 of the Public Health Services Act (PHSA)]	If mental health or substance use disorder (MH/SUD) services are covered, requires that cost-sharing terms and treatment limits be no more restrictive than the predominant terms or limits applied to medical/surgical benefits.	Group and individual	d
Fede	eral Mandates in the Affordable Care Act o			
5	Section 1001 modifying Section 2711 of the PHSA	Prohibits lifetime and annual limits (with certain exceptions <sup>24</sup> ) on the dollar value of benefits.	Group and individual	d

<sup>21</sup> CHBRP defines health insurance benefit mandates as per its authorizing statute, available at: <a href="www.chbrp.org/other\_publications/index.php">www.chbrp.org/other\_publications/index.php</a>. This list includes laws that meet that definition and are known to CHBRP.

22 All listed federal health insurance benefit mandates are benefit coverage mandates. CHBRP is aware of no federal "mandates to offer."

23 Unless otherwise noted, the federal mandates in the ACA do not apply to grandfathered health plans (Section 1251).

24 Output Description of the control of the co

<sup>&</sup>lt;sup>24</sup> Prior to 2014, a group or individual health plan or policy can establish a restricted annual limit. In addition, annual limits (and lifetime limits) apply to grandfathered plans, with the exception that grandfathered individual market plans are not subject to the prohibitions on annual limits [ACA Section 1251(a)(4)].

#	Federal Law	Topic Addressed by Benefit Coverage Mandate <sup>22</sup>	Markets (Regulated by DMHC or CDI) Subject to the Mandate <sup>23</sup>	Mandate Category
6	Section 1001 modifying Section 2713 of the PHSA	<ul> <li>Preventive services without cost sharing. <sup>25</sup> As soon as 12 months after a recommendation appears in any of three sources, benefit coverage is required. The four sources are: <ul> <li>'A' and 'B' rated recommendations of the United States Preventive Services Task Force (USPSTF)<sup>26</sup>;</li> <li>Immunizations recommended by the Advisory Committee on Immunization Practices (ACIP) of the Centers for Disease Control and Prevention (CDC)<sup>27</sup>;</li> <li>For infants, children, and adolescents, evidence-informed preventive care and screenings provided for in the comprehensive guidelines supported by the Health Resources and Services Administration (HRSA)<sup>28</sup>; and</li> <li>For women, preventive care and screenings provided for in comprehensive guidelines supported by HRSA.<sup>29</sup></li> </ul> </li> </ul>	Group and individual	a, d
7	Section 1001 modifying Section 2719A(b) of the PHSA  Section 1001 modifying Section 2719A(d)	If emergency services are covered, requires coverage for these services regardless of whether the participating provider is in or out of network, with the same cost-sharing levels out of network as would be required in network, and without the need for prior authorization.  Prohibits requiring prior authorization or referral before covering	Group and individual  Group and	d
	of the PHSA	services from a participating health care professional who specializes in obstetrics or gynecology.	individual	
9	Section 1201 modifying Section 2704 of the PHSA	For children, prohibits "pre-existing condition" benefit coverage denials. In 2014, the prohibition will also impact benefit coverage for adults.	Group and individual <sup>30</sup>	d

<sup>&</sup>lt;sup>25</sup> California law requires compliance with this mandate. See Table 19-1 above (categorized with "Other Benefit Mandates").

<sup>26</sup> Available at: <a href="https://www.uspreventiveservicestaskforce.org/uspstf/uspsabrecs.htm">www.uspreventiveservicestaskforce.org/uspstf/uspsabrecs.htm</a>.

<sup>27</sup> Available at: <a href="https://www.cdc.gov/vaccines/pubs/ACIP-list.htm">www.cdc.gov/vaccines/pubs/ACIP-list.htm</a>.

<sup>28</sup> Appears in two charts: Periodicity Schedule of the Bright Futures Recommendations for Pediatric Preventive Health Care, available at: http://brightfutures.aap.org/pdfs/AAP%20Bright%20Futures%20Periodicity%20Sched%20101107.pdf; and Uniform Panel of the Secretary's Advisory Committee on Heritable Disorders in Newborns and Children, available at:

www.hrsa.gov/advisorycommittees/mchbadvisory/heritabledisorders/recommendedpanel/uniformscreeningpanel.pdf.

29 Available at: www.hrsa.gov/womensguidelines/.

30 Applies to grandfathered group market health plans and grandfathered individual market plans [ACA Section 1251(a)(4)].

#	Federal Law	Topic Addressed by Benefit Coverage Mandate <sup>22</sup>	Markets (Regulated by DMHC or CDI) Subject to the Mandate <sup>23</sup>	Mandate Category
10	Section 1301, 1302, and Section 1201 modifying Section 2707 of the PHSA	In 2014, will require coverage of essential health benefits (EHBs), and, for plans and policies that provide coverage for EHBs, will place limits on cost sharing. The 10 EHB categories are: (1) ambulatory patient services; (2) emergency services; (3) hospitalization; (4) maternity and newborn care; (5) mental health and substance use disorder services, including behavioral health treatment; (6) prescription drugs; (7) rehabilitative and habilitative services and devices; (8) laboratory services; (9) preventive and wellness services and chronic disease management; and (10) pediatric services, including oral and vision care. <sup>31</sup>	Small group <sup>32</sup> and Individual <sup>33</sup> In 2017, large group sold via the Exchange <sup>34</sup>	a, b, d

<sup>&</sup>lt;sup>31</sup> California has laws in place to define EHBs for the state. See Table 19-1 above (categorized with "Essential Health Benefits").

<sup>32</sup> The ACA defines a large group as >100 employees. California state law defines a large group as >50. However, the ACA [Section 1304(b)(3)] allows states to treat groups between 50 and 100 as large for plan years beginning before 2016.

The EHB coverage requirement will apply to nongrandfathered plans and policies sold outside of the exchange as well as to qualified health plans (QHPs, see ACA Section 1301) certified by and sold via an Exchange.

<sup>&</sup>lt;sup>34</sup> Effective 2017, states may allow large-group market qualified health plans (QHPs, see ACA Section 1301) to be certified by and sold via an Exchange [ACA Section 1312(f)(2)(B)]. Large-group QHPs would be subject the EHB coverage requirement.

#### **APPENDIX 19-A:** Terms and Categories for Table 19-1 and Table 19-2

Code—A health insurance benefit mandate is a law requiring health insurance products (plans and policies) to provide, or in specified cases simply to offer, coverage for specified benefits or services. Because California has a bifurcated regulatory system for health insurance products, a benefit mandate law may appear in either of two codes or in both:

- Health & Safety Code: The California Department of Managed Health Care (DMHC) regulates and licenses health care services plans as per the California Health and Safety Code. 33
- Insurance Code: The California Department of Insurance (CDI) licenses disability insurance carriers and regulates disability insurance, which includes health insurance policies, per the California Insurance Code. 36

Mandated Benefit Coverage or Mandated Offer of Benefit Coverage—In the language of either code section, the law may mandate coverage of benefits or may mandate that coverage for the benefits be offered.

- "Mandate to cover" means that all health insurance subject to the law must cover the benefit.
- "Mandate to offer" means all health care service plans and health insurers selling health insurance subject to the mandate are required to offer coverage for the benefit for purchase. The health plan or insurer may comply with the mandate either (1) by including the benefit as standard in its health insurance products, or (2) by offering coverage for the benefit separately at an additional cost (e.g., a rider).

Markets Subject to the Mandate—In the language of either code section, the law may (or may not) specify which market or markets are subject to the mandate.

- The group market includes health insurance products issued to employers (or other entities) to provide coverage for employees (or other persons) and/or their dependents.
- The individual market includes health insurance products issued to an individual to provide coverage for a person and/or his/her dependents.

11

Available at: <a href="https://www.leginfo.ca.gov/cgi-bin/calawquery?codesection=hsc&codebody=&hits=20">www.leginfo.ca.gov/cgi-bin/calawquery?codesection=hsc&codebody=&hits=20</a>.

Available at: <a href="https://www.leginfo.ca.gov/cgi-bin/calawquery?codesection=ins&codebody=&hits=20">www.leginfo.ca.gov/cgi-bin/calawquery?codesection=ins&codebody=&hits=20</a>.

<u>Mandate Category</u>—As per CHBRP's authorizing statute,<sup>37</sup> the listed mandates fall into one or more types. A particular mandate law can require that subject health insurance do one or more of the following:

- (a) Offer or provide coverage for the screening, diagnosis, or treatment of a particular disease or condition. An example would be a mandate that requires coverage for all health care services related to the screening and treatment of breast cancer.
- (b) Offer or provide coverage of a particular type of health care treatment or service, or of medical equipment, medical supplies, or drugs used in connection with a health care treatment or service. An example would be a mandate to cover reconstructive surgery.
- (c) Offer or provide coverage for services from a specified type of health provider that fall within the provider's scope of practice. An example would be a mandate that requires coverage for services provided by a licensed acupuncturist.
- (d) Offer or provide any of the forms of coverage listed above per specific terms and conditions. For example, the mental health parity law requires coverage for serious mental health conditions to be *on par* with other medical conditions, so that mental health benefits and other benefits are subject to the same copayments, limits, etc.

<sup>&</sup>lt;sup>37</sup> Available at: www.chbrp.org/docs/authorizing statute.pdf.

## APPENDIX 19-B: Basic Health Care Services for DMHC-Regulated Health Care Service Plans<sup>38</sup>

The California Department of Managed Health Care (DMHC) regulates health care service plans, which are subject to the Knox-Keene Health Care Service Plan Act of 1975, as amended, which was codified in the Health and Safety Code.<sup>39</sup> The Knox-Keene Act requires all health care service plans, except specialized health care service plans, to provide coverage for all medically necessary basic health care services.

This requirement is based on several sections of the Knox-Keene Act rather than one straightforward provision, and so is not technically a health insurance benefit mandate, as benefit mandates are defined by CHBRP's authorizing statute. Specifically, subdivision (b) of Section 1345 defines the term "basic health care services" to mean all of the following: (1) physician services, including consultation and referral; (2) hospital inpatient services and ambulatory care services; (3) diagnostic laboratory and diagnostic and therapeutic radiologic services; (4) home health services; (5) preventive health services; (6) emergency health care services, including ambulance and ambulance transport services and out-of-area coverage and ambulance transport services provided through the 911 emergency response system; (7) hospice care pursuant to Section 1368.2. "Basic health care services" are also further defined in Section 1300.67 of Title 28 of the California Code of Regulations.

In addition, subdivision (i) of Section 1367 of the Health and Safety Code provides the following: A health care service plan contract shall provide to subscribers and enrollees all of the basic health care services included in subdivision (b) of Section 1345, except that the director may, for good cause, by rule or order exempt a plan contract or any class of plan contracts from that requirement. The director shall by rule define the scope of each basic health care service that health care service plans are required to provide as a minimum for licensure under this chapter. Nothing in this chapter shall prohibit a health care service plan from charging subscribers or enrollees a copayment or a deductible for a basic health care service or from setting forth, by contract, limitations on maximum coverage of basic health care services, provided that the copayments, deductibles, or limitations are reported to, and held unobjectionable by, the director and set forth to the subscriber or enrollee pursuant to the disclosure provisions of Section 1363.

Although the Act does not explicitly state that "basic health care services" means all "medically necessary" basic health care services, there are numerous provisions within the Knox-Keene Act that reference "medical necessity" and that place requirements on plans in terms of what they must do when denying, delaying, or modifying coverage based on a decision for medical necessity (Section 1367.01). In addition, Section 1300.67 of Title 28 of the California Code of Regulations, which further defines "basic health care services," does further clarify that "the basic health care services required to be provided by a health care service plan to its enrollees shall include, where medically necessary, subject to any co-payment, deductible, or limitation of which the Director may approve..."

The entire Knox-Keene Act and the applicable regulations can be accessed online on the DMHC's website at <a href="www.dmhc.ca.gov">www.dmhc.ca.gov</a>.

20

<sup>&</sup>lt;sup>38</sup> The text in this appendix was adapted from a document prepared by a representative of the Department of Managed Health Care (S. Lowenstein).

<sup>&</sup>lt;sup>39</sup> Health and Safety Code Section 1340 et seq.

**APPENDIX 19-C:** California Mandates (by Health and Safety Code Section)
The following table is presented to allow easy comparison of the mandates listed in Table 19-1.

	Health and Safety Code	California Insurance Code			Health and Safety Code	California Insurance Code		Health and Safety Code	California Insurance Code
#	(DMHC)	(CDI)		#	(DMHC)	(CDI)	#	(DMHC)	(CDI)
22	N/A <sup>40</sup>	10122.1		12	1367.46	10123.91	24	1373(h)(1)	N/A
59	N/A	10123.68		9	1367.51	10176.61	33	1373.1	10127.3
51	N/A	10123.865		46	1367.54	10123.184	18	1373.14	10123.16
51	N/A	10123.866		2	1367.6	10123.8	49	1373.4	10119.5
23	N/A	10125	3	31	1367.61	10123.82	16	1374.1	10123.1
10	N/A	10176.6	4	48	1367.62	10123.87	13	1374.17	10123.21(a)
19	N/A	10369.12		54	1367.63	10123.88	28	1374.5	10176(f)
60	1367.002	10112.2		6	1367.635	10123.86	27	1374.51	10144.6
1	1367.005	10112.27		8	1367.64	10123.835	47	1374.55	10119.6
36	1367.06	N/A		5	1367.65	10123.81	15	1374.56	10123.89
42	1367.11	10126.6		4	1367.66	10123.18	26	1374.72	10144.5
30	1367.18	10123.7		3	1367.665	10123.2	26	1374.72	10123.15
32	1367.19	10123.141		14	1367.67	10123.185	29	1374.73	10144.51
20	1367.2(a)	10123.6		53	1367.68	10123.21	29	1374.73	10144.52
25	1367.2(b)	10123.6	2	43	1367.69	10123.83			
58	1367.21	10123.195	2	43	1367.695	10123.84			
35	1367.215	N/A	4	50	1367.7	10123.9			
57	1367.22	N/A	3	34	1367.71	10119.9			
55	1367.24	N/A	2	21	1367.8	10144			
45	1367.25	10123.196	3	39	1367.9	10119.7			
38	1367.3	10123.55		17	1368.2	N/A			
40	1367.3(b)(2)(d)	10119.8	4	44	1368.5	10125.1			
37	1367.35	10123.5		7	1370.6	10145.4			
56	1367.4	10145	2	41	1371.5	10126.6			
11	1367.45	10145.2	4	52	1373	10120			

<sup>&</sup>lt;sup>40</sup> An N/A in either the Health and Safety Code column or the California Insurance Code column indicates that a mandate does not apply to products covered under that code.

# APPENDIX 19-D: California Mandates (by Insurance Code Section)

The following table is presented to allow easy comparison of the mandates listed in Table 19-1.

	Health and	California		Health and	California			Health and	California
	Safety Code	Insurance Code		Safety Code	Insurance Code			Safety Code	Insurance Code
#	(DMHC)	(CDI)	#	(DMHC)	(CDI)		#	(DMHC)	(CDI)
36	1367.06	N/A <sup>41</sup>	53	1367.68	10123.21		41	1371.5	10126.6
35	1367.215	N/A	13	1374.17	10123.21(a)		33	1373.1	10127.3
57	1367.22	N/A	37	1367.35	10123.5		21	1367.8	10144
55	1367.24	N/A	38	1367.3	10123.55		26	1374.72	10144.5
17	1368.2	N/A	20	1367.2(a)	10123.6		29	1374.73	10144.51
24	1373(h)(1)	N/A	25	1367.2(b)	10123.6		29	1374.73	10144.52
60	1367.002	10112.2	59	N/A	10123.68		27	1374.51	10144.6
1	1367.005	10112.27	30	1367.18	10123.7		56	1367.4	10145
49	1373.4	10119.5	2	1367.6	10123.8		11	1367.45	10145.2
47	1374.55	10119.6	5	1367.65	10123.81		7	1370.6	10145.4
39	1367.9	10119.7	31	1367.61	10123.82		28	1374.5	10176(f)
40	1367.3(b)(2)(d)	10119.8	43	1367.69	10123.83		10	N/A	10176.6
34	1367.71	10119.9	8	1367.64	10123.835		9	1367.51	10176.61
52	1373	10120	43	1367.695	10123.84		19	N/A	10369.12
22	N/A	10122.1	6	1367.635	10123.86	-			
16	1374.1	10123.1	51	N/A	10123.865				
32	1367.19	10123.141	51	N/A	10123.866				
26	1374.72	10123.15	48	1367.62	10123.87				
18	1373.14	10123.16	54	1367.63	10123.88				
4	1367.66	10123.18	15	1374.56	10123.89				
46	1367.54	10123.184	50	1367.7	10123.9				
	1367.67	10123.185	12	1367.46	10123.91				
58	1367.21	10123.195	23	N/A	10125				
45	1367.25	10123.196	44	1368.5	10125.1				
3	1367.665	10123.2	42	1367.11	10126.6				

<sup>&</sup>lt;sup>41</sup> An N/A in either the Health and Safety Code column or the California Insurance Code column indicates that a mandate does not apply to products covered under that code.